



Sense and Sexuality

8 session course for women from the
Newcastle area
with a learning disability and/or autism



We will learn about:



- Making friends
- Relationships and going on dates
- Feeling good about our bodies
- Keeping safe from harm and abuse
- Safer sex and contraception



When:



Thursdays

1pm until 3pm



Dates: Starting 7th June 2018 for 8 weeks

7 th June 2018	14 th June 2018
21 st June 2018	28 th June 2018
5 th July 2018	12 th July 2018
19 th July 2018	26 th July 2018

Where: Skills for People, Key House, 11 Tankerville Place,
Jesmond, Newcastle-upon-Tyne, NE2 3AT



More about the course

- The course is for women from Newcastle with learning disabilities and/or autism who are aged 16 years or over.
- The course will be led by Joanna.
- You can bring your supporter, but we may ask them to sit outside the room. Please talk to us if this would cause a problem.



How to book your place:

Return the slip, phone on **0191 281 8737**
or email: joanna.routledge@skillsforpeople.org.uk



Return the form to **Skills for People, Key House, Newcastle upon Tyne NE2 3AT**

☐ I want to attend Sense and Sexuality

☐ I am 16 or over

☐ I will bring a supporter

Name:

Address:

Phone Number:

Email address:

Please let us know if there is any help you need from Skills for People so that you can take part.