

Sense and Sexuality

8 session course for men from the Newcastle area with a learning disability and/or autism



We will learn about:



- Making friends
- Relationships and going on dates
- Feeling good about our bodies
- Keeping safe from harm and abuse
- Safer sex and contraception



When:



Thursdays

10.30am until 12.30pm



Dates: Starting 30th August 2018 for 8 weeks

30 th August 2018	6 th September 2018
13 th September 2018	20 th September 2018
4 th October 2018	11 th October 2018
18 th October 2018	25 th October 2018

Where: Skills for People, Key House, 11 Tankerville Place, Jesmond, Newcastle-upon-Tyne, NE2 3AT



More about the course

- The course is men from Newcastle with learning disabilities and/or autism who are aged 18 years or over.
- The course will be led by Stephen.
- You can bring your supporter, but we may ask them to sit outside the room. Please talk to us if this would cause a problem.

How to book your place:

Please contact Skills for People by phone on **0191 281 8737** or email: **stephen.thompson@skillsforpeople.org.uk**

Please let us know if there is any help you need from Skills for People so that you can take part.

