



Getting your voice heard

1st October 2014

The North East Regional Forum and Inclusion North are working together on a special workshop.

The workshop is about

- How Councils work and who makes decisions
- How Parliament works and how you can have a say on what happens



We are doing this because Self Advocacy groups told us they want to know more about having your say. All the Self-Advocacy groups or groups led by people with Learning Disabilities across the North East are invited.

About the workshop on 1st October

The workshop will be led by self-advocate leaders including Gavin Harding who will talk about being a local councillor.



We will work together on

- What local Councillors do and how you can influence the decisions they make
- How Councils make decisions on big policies
- What information there is to help people vote or think about how they vote
- How Parliament and MPs work





The meeting will be from 10.30 am – 3pm in Newcastle.

The workshop is free for any self-advocates who live or work in the North East.

The Regional Forum can pay for people's travel expenses to come to the meeting.

The date and venue for the meeting

The meeting is on 1st October in Newcastle.

From 10.30am – 3pm.

We will send you more details when you confirm you are coming.

What to do next

Please let us know if you can come by phoning or emailing us.

If you have any questions please do get in touch with us.



Contact us via

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