

Covid has not gone away.

Keep yourself and others safe

- Get all your jabs
- Stay at home if you feel unwell
- Wear a face mask in busy places
- Wash your hands
- Keep windows open
- Try to socially distance

**Some people are a bit nervous about being in crowds.
Please be patient with them.**

How to get your vaccine

You can grab a jab at vaccine clinics where you can get your first, second or booster jabs.

Days and times may vary, so be sure to check out the website **www.newcastle.gov.uk/covidvaccine** or scan the QR code below. You can also call **CityLife Line** for free if you aren't online and need support – 0800 1707 0014. For general vaccine info, call 119.

