## MY CHANGE MY FUTURE

ARE YOU READY FOR A NEW START?

ARE YOU CURRENTLY UNEMPLOYED,
AGED 25 OR OVER AND LIVE IN
BISHOP AUCKLAND, SHILDON OR
SPENNYMOOR?

## **WE CAN HELP YOU TO:**

- Learn new skills
- Gain work experience
- Discover your strengths
- Build your confidence
- Work as a team
- Discover your local heritage
- Become more resilient
- Budget and manage money
- Manage your time effectively
- Update your current CV

For more information contact us on: admin.myfuture@bacoll.ac.uk 01388 825824 bacoll.ac.uk/myfuture





