



FREE

LEARNING DISABILITY

HEALTH TRAINING DAY

AIM:

- To highlight the health inequalities that some people with Learning Disabilities experience
- Explore ways to work with service users, families, health staff and others to promote healthy choices and minimise the impact of these inequalities
- Equip people with the skills to :
  - provide support to people attending health appointments
  - provide good quality, accurate information to GPs and other health professionals to enhance diagnoses and treatment

The day will include:

Health needs of people with learning disabilities	Healthy lifestyles/informed choices/support responsibilities
Role of the Community Learning Disability Team	National Screening programmes
Preparing for health appointments/hospital passports/accurate recording/health follow-ups	Multi agency working/Reasonable adjustments
Dental Health	Eating & Drinking/Communication
Managing difficult behaviours	Quizzes, workshops, practical activities
Dispelling myths	ASD

FRIDAY JULY 11TH 2014

9.15 — 4.00

OXFORD CENTRE WEST FARM AVENUE LONGBENTON

NE12 8LT

Booking form: Please return to CLDT, Oxford Centre, West Farm Avenue Longbenton NE12 8LT by 20th June

Name\_\_\_\_\_

Organisation\_\_\_\_\_

Job Title\_\_\_\_\_