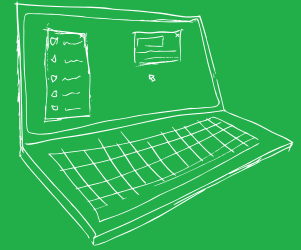


Thinking about staying safe on the internet



There are lots of fun things that you can do on the internet and it is a great way to stay in touch with people.



Here are a few tips to staying safe on the internet.



If you do not know someone on the internet, you can ask someone to check if they can be trusted.



Be careful about sharing information about yourself on the internet.

Our illustrations
are created by people
we support



Be careful about sharing pictures. If you do not know someone, make sure they can be trusted.



Always keep your bank details a secret if someone asks you for them, especially in an email.



It is usually safe if you have bought something online and you are paying it. If you are not sure, ask somebody.



Keep your all your passwords a secret.



If you think that you are being bullied on the internet, speak to someone, there are things that you can do about it.



You can get some advice from us by sending an email to:
online@dimensions-uk.org



If you think that someone is bullying you on the internet



Tell the website that you are using. You might be able to do this on their site or there might be an email address you can write to.



Keep the message that they sent you.



Avoid speaking to them anymore.



facebook

If you use Facebook:

Click on <http://apps.facebook.com/clickceop>



You will get a button. Click on it if you think someone is bullying you on Facebook.