

Carers Opportunities



**Do you look after someone?
Would you like the opportunity
to do something for yourself?**

If you care for someone who lives in Newcastle upon Tyne, the Carers Opportunities Fund may provide a small grant of up to £200 to help you do something for yourself as a carer.

135 - 139 Shields Road, Byker, Newcastle upon Tyne, NE6 1DN

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Charity Registration No. 1145373 Company Registration No.7869359

Can I apply?

You may be eligible for the fund if:

- You provide unpaid care and support to someone who has a disability, a life limiting illness, is frail, has mental health or drug and alcohol problems
- You are over 18
- The person you care for lives in Newcastle upon Tyne

You are still classed as an unpaid carer if you are receiving Carers Allowance, or managing Direct Payments/Individual Budgets.

What can I apply for?

You can apply for a small grant of up to £200 for something that will help you manage your caring role. This could be:

- Day trips, or a short break in this country
 - Cinema, concert or theatre tickets
 - An exercise class, educational course, or equipment for these
 - Costs towards a hobby, e.g. fishing trips or gardening equipment
 - Household items, e.g. washing machine or cooker
 - Driving lessons
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How do I apply?

Download an application pack from our website www.newcastlecarers.org.uk. Contact us on: Tel 0191 275 5060, SMS 07874 100043, or email info@newcastlecarers.org.uk, and we can send an application pack out.

The Carers Opportunities Fund is a discretionary fund which has limited money available, and not all applications are successful

Please let us know if you need any support to be able to access our services, e.g. an interpreter.

Do you need information and advice? Contact our free and confidential Carers Information Line on: **Tel 0191 275 5060** or **SMS 07874 100043**.

To find out what services, groups, events and training we provide around the city visit **www.newcastlecarers.org.uk**

